



Basic Terminology

Counting:

1 - Hana 2 - Dool 3 - Set 4 - Net 5 - Darsot
 6 - Yorsot 7 - Ilgolp 8 - Yordolp 9 - Arhop 10 - Yawl

Dojang - Place of training	Chair-ee-ot -Attention
Dobok - Uniform	Kunnee - Bow
Dee - Belt	Choombi - Ready
Gwanjangnim - Head instructor	Shijak - Start
Sahbomnim - Instructor	Gumon - Finish
Sohgi - Stance	Shyo - Rest
Makgi - Block	Gihap - Concentrated effort (shout)
Chagi - Kick	Olgul Makgi - Face block
Chigi - Strike	Bakgat Makgi - Outside block
Jirugi - Punch	An Makgi - Inward block
Jumok - Fist	Arae Makgi - Low block
Kukkiwon - Tkd world headquarters	Ap Chagi - Front kick
Poomsei - Patterns	Nae-ro Chagi - Axe kick
Jurugi - Sparring	Dolyo Chagi - Turning kick
Hosinsul - Self defence	Yop Chagi - Side kick
Gyokpa - Board breaking	Batangson Chigi - Heel of Hand strike
Ap Gubi - Forward stance	Kal Jebi - Swallow hand strike
Dit Gubi - Back stance	Ap Sohgi - Walking stance or short stance
Narrani Sohgi - At ease (Feet parallel and shoulder width apart)	
Joo-chum Sohgi - Horse riding stance	

Note:

The above terminology is written 'phonetically'. It is written in the way it *sounds*.
Try your best and see how much you can learn!